



State of California—Health and Human Services Agency
California Department of Public Health



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PUBLIC COMMENT REQUESTED

March 5, 2015

The California Department of Public Health, Office of Health Equity (CDPH-OHE) is requesting public comment on the California Reducing Disparities Project (CRDP) Phase 2 Draft Pre-Solicitation for Asian Pacific Islander Capacity Building Pilot Projects. Today's release is for the purpose of gathering public comment only. The public comments that we receive will be used to help finalize the solicitation document. CDPH is concurrently releasing Draft Pre-Solicitations for the CRDP Phase 2 Statewide Evaluation Team, Technical Assistance Providers and Implementation Pilot Projects. These documents can be found at: http://bit.ly/CRDP_2.

In order to ensure high quality solicitations that meet program objectives and community needs, the Office of Health Equity is asking interested stakeholders, subject matter experts and community members to review the Draft Pre-Solicitations and provide feedback on how to improve the documents. We invite feedback on all sections of the Draft Pre-Solicitations, but are particularly interested in receiving feedback on the following areas:

- Program evaluation guidelines and evaluation plan components
- Minimum and desired qualifications for Proposers or Applicants
- Scoring criteria

In reviewing Draft Pre-Solicitations, commenters are encouraged to consider the following overarching questions: What elements work? What elements could be improved? Are any important elements missing? Are instructions for Proposers or Applicants clear? Please comment on each draft separately so that comments can be submitted to the appropriate email address. Make comments specific referencing the line number and explaining why a change is warranted and how the change would improve the pre-solicitation.

All comments for the Capacity Building Pilot Projects must be submitted in writing by March 25, 2015 to CRDPPilot@cdph.ca.gov

CDPH is not soliciting any applications or proposals at this time. The draft pre-solicitations are being released for public comment only. CDPH will review all submitted comments and revise



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the draft pre-solicitations as appropriate. Final solicitations will be released upon completion of the revision process.

Thank you for your interest and help to improve the California Reducing Disparities Project.

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Draft Pre-Call for Applications
Asian Pacific Islander Capacity Building
Pilot Projects



DRAFT: CRDP-22
State of California
California Department of Public Health
Office of Health Equity
March 5, 2015

Table of Contents

1		
2	I. Introduction	3
3	A. Overview	3
4	B. CDEPs	5
5	C. Technical Assistance	6
6	D. Goals	6
7	E. IPP Grants	9
8	F. Administrative Section	10
9	II. Eligibility	12
10	A. Minimum Qualifications	12
11	B. Desired Qualifications	12
12	III. Narrative	13
13	IV. Scoring Process and Criteria	18
14	A. About this Section	18
15	B. Application Scoring	18
16	C. Scoring Team	19
17	V. Administration	20
18	A. Application Format	20
19	B. Procurement Administration	22
20	Attachments	24
21	Attachment 1: Required Documents Checklist	25
22	Attachment 2: Application Cover Page	26
23	Attachment 3: Draft Budget Overview	27
24	Attachment 4: Letters of Support	28
25	Attachment 5: Cost Form	29
26	Attachment 6: Business Information Sheet	30
27	Attachment 7: HIPAA Compliance Form	31
28	Attachment 8: Non-Supplantation Certification Form	32
29	Attachment 9: Evaluation Plan Template	33
30	Attachment 10: CRDP Phase 2 Background	35
31	Attachment 11: IPP Goals & Requirements	44
32	Attachment 12: Definition of Terms	52
33	Attachment 13: References	55
34		

I. Introduction

A. OVERVIEW

The purpose of this Call for Applications is to award Capacity Building Pilot Projects (CBPP) grants to organizations that provide promising mental health interventions to the California Asian Pacific Islander population and are in need of capacity building services to successfully participate as a California Reducing Disparities Project (CRDP) Implementation Pilot Project (IPP). There are five separate Calls for Application, one for each of the five CRDP Phase 2 target populations (African American; Asian Pacific Islander (API); Latino; Lesbian, Gay, Bisexual, Transgender and Queer/Questioning (LGBTQ); and Native American). Applicants for this grant program must currently be providing services to prevent mental health from becoming severe and disabling within the California Asian Pacific Islander population through an existing Community-Defined Evidence Practice (CDEP). CDEPs must be acknowledged by the community as effectively meeting its unique mental health needs in a culturally and linguistically competent manner.

We anticipate 35 IPP grants will be provided through five population-specific applications, with seven grants awarded to applicants serving the Asian Pacific Islander population. Approximately 20 will start as IPPs and 15 will start as CBPPs. CBPP grants are limited to organizations with operating budgets under \$500,000 that have significant need for organizational capacity building. The grant funding period is six months. Those CBPPs that successfully complete all established requirements will be able to participate as IPPs.

In order to support their ability to complete the IPP requirements, CBPP grantees will receive extensive support from the CRDP Statewide Evaluation Team and the Asian Pacific Islander Population Technical Assistance Provider. The Statewide Evaluation Team will provide each CBPP with technical assistance to develop a plan and infrastructure to evaluate the effectiveness of its program utilizing culturally and linguistically competent approaches. The Asian Pacific Islander Technical Assistance Provider will support each Asian Pacific Islander CBPP to meet the organizational requirements for IPP eligibility.

IPP grants were created to fulfill the strategy derived from the CRDP Phase 1 Draft Strategic Plan. The Draft Strategic Plan is currently in the process of obtaining public review and finalization and was created through an open, community process, guided by the African American, API, Latino, LGBTQ and Native American Strategic Planning Workgroups (SPWs) population reports. The Draft Strategic Plan and SPW population reports are available in the BidSync Bidder's Library for reference. Each SPW is comprised of a broad representation of the diversity within their respective population group including, but not limited to, community leaders, mental health providers,

1 consumer and family members, individuals with lived experience and academia. The
2 five SPWs worked to identify new service delivery approaches defined by multicultural
3 communities for multicultural communities using community-defined evidence to
4 improve outcomes and reduce disparities. IPP Grants are intended to fund, build
5 capacity to support and evaluate CDEPs that are implementing strategies identified by
6 the SPWs.

7 Applicants for both the Asian Pacific Islander IPP and CBPP grants must provide a
8 CDEP to California's Asian Pacific Islander community. If an organization provides
9 services to individuals outside the Asian Pacific Islander population, it may continue to
10 do so, but IPP funding and evaluation efforts are limited to the Asian Pacific Islander
11 population.

12 CRDP funding is intended to supplement, not replace a program's current funding. IPP
13 funding may not be used to duplicate or supplant existing funding.

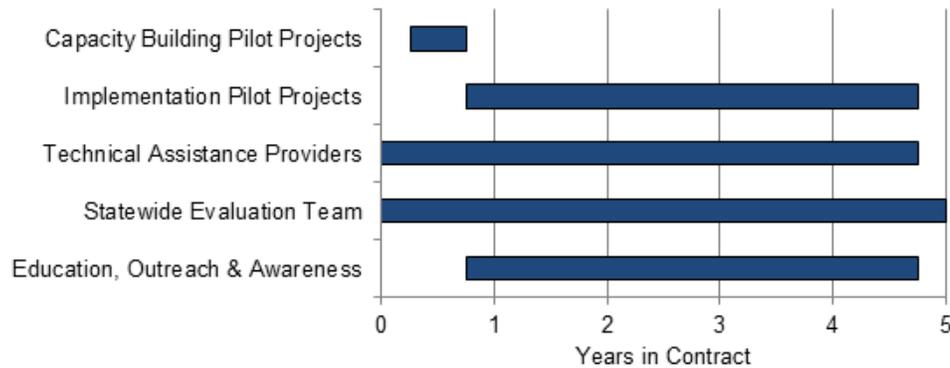
14 The IPPs are one component of CRDP Phase 2, which includes:

- 15 ▪ Pilot Projects – Pilot Projects (including CBPPs and IPPs) are the central
16 component of CRDP Phase 2. Pilot Projects are existing CDEPs that provide
17 culturally competent mental illness prevention and early intervention services to
18 members of a CRDP target population but have not yet been effectively
19 validated.
- 20 ▪ Education, Outreach and Awareness Consultants – Statewide and local
21 consultants will be engaged to bring together community stakeholders and
22 resources to address mental health disparities.
- 23 ▪ Technical Assistance – Population-specific Technical Assistance (TA) Providers
24 will be contracted to work with Pilot Projects to develop their administrative and
25 programmatic capacity.
- 26 ▪ Evaluation – Evaluations will be performed by a Statewide Evaluation Team and
27 by evaluators at each Pilot Project to demonstrate the overall effectiveness of
28 CRDP Phase 2 and the effectiveness of each of the Pilot Projects.

29 In order to align the contractors and grantees across Phase 2 components, it is
30 anticipated that the project start date for IPPs will be approximately six months after
31 grant awards are announced while CBPPs will start immediately. The figure below
32 displays the anticipated sequencing of CRDP Phase 2 components.

1

Figure 1. Sequencing of Phase 2 Components



2

3 For more information about CRDP Phase 2, see Attachment 13, CRDP Phase 2
4 Background.

5 **B. CDEPs**

6 For the purposes of this grant program, a CDEP is a set of bottom-up practices derived
7 from a community’s ideas of illness and healing or positive attributes of culture or
8 traditional practices. In addition, the practice has been used by the targeted community,
9 which has determined it to yield positive results through community consensus. While
10 some CDEPs may have been measured empirically, this is not necessary to show that
11 there is a consensus in the community regarding its effectiveness. CDEPs can include a
12 range of culturally tailored treatment approaches or support (Martinez, 2010; CIBHS,
13 2014; Community Defined Evidence Project Work Group, 2007). These services are
14 often culture-specific practices that are supported by community experience but not yet
15 recognized or funded by the public mental health system.

16 The goal of CRDP is to invest in selected CDEPs as IPPs in order to evaluate and
17 validate those practices as effective in preventing mental illness from becoming severe
18 and disabling. To be eligible for IPP funding, the CDEP must not have already been
19 recognized as an evidence-based practice. Previous evaluation of the CDEP will not
20 disqualify a program from consideration, nor will the absence of previous evaluation.
21 The CDEP must be able to be evaluated, however. Funding, supporting and evaluating
22 CDEPs lies at the heart of CRDP.

23 As MHSA-funded programs, IPPs must focus on achieving improved mental health
24 outcomes for individuals at increased risk of mental illness or individuals with recent
25 onset of mental illness. IPPs and their CDEP may provide services to families and other
26 community members provided that the services lead to improved mental health
27 outcomes for targeted individuals. Programs that address substance use are only
28 eligible for funding in the context of co-occurring mental health disorders or as a risk
29 factor for mental illness and for the purpose of evaluating the program. Funding must
30 not supplant existing funding for the services.

1 **C. TECHNICAL ASSISTANCE**

2 In order to support CBPPs ability to advance to IPP stage, the CRDP will provide
3 technical assistance through two contractors.

4 The Statewide Evaluation Team will establish guidelines for and support each CBPP in
5 the development of an evaluation plan. They will provide a framework and basic
6 standards and provide support to empower CBPPs to build upon the framework to
7 develop evidence of program effectiveness in a manner that is culturally and
8 linguistically competent and is suitable for their community and programmatic approach.
9 Throughout the entire process (Including evaluation plan development and refinement,
10 data collection and evaluation implementation) the Statewide Evaluation Team will
11 provide support as needed and feedback at established intervals.

12 The Asian Pacific Islander Technical Assistance (TA) Provider will support each Asian
13 Pacific Islander IPP to improve the sustainability of the organization, focusing on
14 completing the IPP application and fulfilling IPP requirements. It is understood that
15 individual needs will vary from one project to the next.

16 **D. GOALS**

17 The overarching goal of the CBPP stage is to prepare grantees to advance to the IPP
18 stage. CBPPs that successfully complete all of the requirements of Goals 1 and 2
19 during the CBPP funding period will be eligible for advancement. CDPH will have the
20 sole authority to determine if a CBPP has met all requirements.

21 **Goal 1: Develop the Capacity to Evaluate the CDEP's Effectiveness**

22 CDEP evaluation is the cornerstone of CRDP Phase 2. Rather than imposing a top-
23 down, one-size-fits-all approach, pilot projects will be empowered to develop their own
24 approach, within the guidelines developed by the Statewide Evaluation Team. Under
25 this empowerment model, it is critical that each CBPP develop the capacity to plan and
26 implement its own evaluation. CBPP Grantees will work under the guidance of the
27 Statewide Evaluator to develop a Proposed Evaluation Plan, which will include:

- 28 1. Evaluation Approach: This describes specific details in regards to how the Grantee
29 would implement a program evaluation that is both culturally and linguistically
30 competent and addresses the needs of the community that it is serving. The
31 approach must describe in detail the plan for gathering qualitative and quantitative
32 data and must detail how community stakeholders would be engaged throughout the
33 evaluation process.
- 34 2. Theory of Change and Logic Model: The Theory of Change is a detailed description
35 of the step-by-step process that theoretically will lead to the end goal, including a
36 clear articulation of the assumptions made to explain the change process. The Logic
37 Model is a planning tool that provides detailed description of how the program is

- 1 expected to improve mental health outcomes of program participants (Samples of
2 the Theory of Change and Logic Model are provided in the Bidder's Library).
- 3 3. Key Questions and Outcome Measures: This should include the specific, detailed
4 questions the evaluation will seek to answer and what outcomes will be tracked. This
5 must include mental health outcomes for individuals at increased risk of mental
6 illness or with recent onset of mental illness.
- 7 4. Timeline: This should include planned due dates for the requirements and
8 milestones that show tangible process towards meeting each requirement.
- 9 5. Evaluation Staffing Model: If the Grantee proposes to utilize an in-house staff
10 evaluator, the Grantee shall provide a description of the key qualifications and
11 essential duties of the principal evaluator. In the event that the Grantee proposes to
12 utilize a contractor to meet its evaluation requirements, the Grantee must provide the
13 contractor's:
- 14 i. Statement of qualifications, which demonstrates the Contractor's qualifications to
15 develop and implement an evaluation plan, working in a culturally and
16 linguistically competent manner and engaging the community throughout the
17 process
- 18 ii. Detailed statement of work, which demonstrates the ability of the Grantee to
19 ensure effective and timely implementation of the Evaluation Plan
- 20 6. Continuous Quality Improvement Plan: The Grantee must provide a detailed plan
21 describing ongoing program monitoring activity that ensures program integrity and
22 continuous quality improvement. This should include:
- 23 i. Who within the organization will be involved?
- 24 ii. When and how often will results be reviewed?
- 25 iii. Who will decide how programs should be changed as a result of the evaluation?
- 26 iv. Which stakeholders will be involved and in what setting? (Stakeholders include
27 any persons interested in or impacted by the CDEP, including clients, family
28 members and other community members.)
- 29 v. How will stakeholder feedback be incorporated?
- 30 7. Update Plan: The Grantee shall update the Evaluation Plan annually, review with the
31 Statewide Evaluation Team and obtain approval for any deviations from CDPH. The
32 applicant must provide a detailed plan indicating how the Evaluation Plan will be
33 updated and reviewed to meet this requirement at least once every contract year.
- 34 8. Institutional Review Board (IRB) Review (If necessary): An Institutional Review
35 Board, also known as an Independent Ethics Committee or an Ethical Review
36 Board, provides oversight on some behavioral research involving human test
37 subjects. IPPs may be required to obtain IRB approval if the evaluation is deemed to
38 constitute "human subject research" (see
39 <http://www.hhs.gov/ohrp/humansubjects/commonrule/> for more information). If the
40 Grantee has determined that it will need IRB approval, the Proposed Evaluation Plan
41 should reflect this requirement. The Statewide Evaluation Team will independently
42 make a recommendation to CDPH as to which IPPs must pursue IRB approval.

1 9. Evidence-Based Practice (Optional): The Applicant may wish to pursue review and
2 acceptance as an Evidence-Based Practice, at its option. Doing so would require
3 experimental or quasi-experimental evaluation design. The Grantee should review
4 requirements from Substance Abuse and Mental Health Services Administration’s
5 (SAMHSA) National Registry of Evidence-Based Programs and Practices
6 (<http://www.nrepp.samhsa.gov/>). If the Applicant plans to pursue review and
7 acceptance, it must provide a detailed description of how it would meet the
8 requirements.

9 **Goal 2: Improve Sustainability of the Organization**

10 The purpose of the Capacity Building grant program is to allow select, smaller
11 organizations with less capacity that are providing a CDEP the opportunity to participate
12 in CRDP Phase 2. These organizations may lack adequate organizational infrastructure
13 to sustainably and stably provide their CDEP at a scale sufficient to allow for validation
14 as an effective practice.

15 In order to achieve this goal, CBPPs will work closely with the Asian Pacific Islander
16 Technical Assistance (TA) Provider. The TA Provider will provide each CBPP with
17 tailored assistance to complete the requirements to advance to the IPP phase. The
18 CBPPs shall participate in technical assistance activities, including an initial
19 assessment, trainings and one-on-one coaching as necessary.

20 Requirements:

21 A. Capacity Building Plan

22 CBPPs are organizations that currently lack the capacity to apply for IPP grants.
23 To address this, the Asian Pacific Islander TA Provider will provide a written
24 assessment of each Asian Pacific Islander CBPP’s organizational capacity within
25 the first 30 days of the grant period. The assessment will focus on areas of
26 development that are necessary to required prior to the IPP stage. The written
27 assessment will be developed through a collaborative process, in which the Asian
28 Pacific Islander TA Provider and the CBPP will work to identify any necessary
29 steps to fulfill the requirements necessary to advance to IPP status. Each CBPP
30 will be required to develop a Capacity Building Plan that includes milestones and
31 their anticipated completion dates leading to fulfilling the IPP requirements, which
32 at a minimum shall include developing an:

- 33 – Workplan, which details the major tasks and activities of IPP
34 implementation, including an associated schedule, due dates and
35 resource requirements for each task and activity;
- 36 – IPP Budget, which corresponds with the Workplan details and justifies
37 how IPP grant funds will be spent; and

1 – Organizational Staffing Model, which details the specific individuals who
2 will be responsible for guiding IPP implementation and completing the
3 tasks and activities and the requirements and qualifications for each
4 position.

5 B. Midpoint Reports

6 By the end of the third month of the grant period, the CBPP shall provide a 2-
7 page (minimum) report, detailing the organizational development activities
8 conducted during the quarter. The reports shall focus on the timeliness and
9 progress in implementing the Capacity Building Plan, including participation in
10 support activities provided by the TA Provider and actions taken as a result of
11 these activities.

12 **E. IPP GRANTS**

13 CBPP grantees lack the organizational capacity to fulfill all of the requirements to enter
14 the IPP program. This includes a detailed:

- 15 ▪ Workplan;
- 16 ▪ Budget;
- 17 ▪ Staffing model;
- 18 ▪ Theory of change;
- 19 ▪ Logic model;
- 20 ▪ Evaluation plan; as well as
- 21 ▪ Other requirements established by CDPH.

22 The CBPPs are solely responsible for meeting requirements of the CBPP grants and for
23 progressing to IPP status. Those CBPPs that successfully complete all established
24 requirements within the established timeframe will be awarded an IPP. However, CDPH
25 does not make any assurances or guarantees that CBPPs will successfully complete all
26 requirements to obtain an IPP grant.

27 CBPP applicants should review the IPP Call for Applications, as they will be expected to
28 complete the IPP Application in order to advance to the IPP stage. If accepted as IPPs,
29 they will be required to fulfill all IPP Goals in order to continue and receive IPP grant
30 funding (IPP Goals are provided in Attachment 11).

31 The IPP grant funding period will be four years. Grants will be for a maximum of \$285
32 thousand per year. A minimum of 20% of grant funds must be spent on Pilot Project
33 evaluation.

1 **F. ADMINISTRATIVE SECTION**

2 **1. Key Action Dates**

3 Key activities and times for this Call for Applications are presented below. This is a
4 tentative schedule. Any updates to this schedule will appear as an addendum to this
5 Call for Applications.

ACTIVITY	ACTION DATE
Call for Applications release date	X
Bidder's Conference	X + 7
Written question submittal deadline	X + 14
Optional Letter of Intent deadline	X + 14
Questions and Answers posted	X + 21
Final date for application submission	X + 56
Notice of intent to award	X + 140
Proposed award date	X + 147
Project start date	Y
Project end date	Y + 6 months

6

7 **2. Contact Information**

8 Contact

9 Phone

10 Address

11 **3. Applicant's Responsibilities for Submitting an Application:**

12 Applicants must take the responsibility to:

- 13 ▪ Carefully read this entire Call for Applications;
- 14 ▪ Ask the appropriate questions in a timely manner;
- 15 ▪ Submit all required responses in a complete manner by the required date and time;
- 16 ▪ Make sure that all procedures and requirements of the Call for Applications are
17 followed and appropriately addressed; and
- 18 ▪ Carefully reread the entire Call for Applications before submitting an application.

19 **4. Optional Letter of Intent**

20 Potential applicants are encouraged to send a letter of intent to CDPH, using the
21 contact information provided in I.E.2. Letters should be postmarked by _____ and
22 should include:

- 23 ▪ Name and number of Call for Application

- 1 ■ Population targeted
- 2 ■ Budget request (approximate)
- 3 ■ Short description of project

4 Letters of intent are not binding. Those submitting a letter may elect not to submit an
5 application.

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1 **II. Eligibility**

2 **A. MINIMUM QUALIFICATIONS**

3 An organization applying to become a CBPP must possess the following qualifications:

- 4 1. Applicant is the direct provider of a CDEP that prevents mental illness from
5 becoming severe and disabling among California's Asian Pacific Islander
6 population. The CDEP must have been provided by the applicant for a minimum
7 of two years.
- 8 2. Applicant is a 501(c)3 non-profit with an office in California, a public college or
9 university or a local government agency in California (including Tribal
10 government).
- 11 3. Applicant's annual operating expense budget has not exceeded \$500,000 on
12 average during the past two years.

13 **B. DESIRED QUALIFICATIONS**

14 Scoring of Applicant qualifications will be based on the following criteria:

- 15 1. Applicant is uniquely qualified to provide mental health services to California's Asian
16 Pacific Islander population, which includes:
 - 17 a. Significant experience working to prevent mental illness, through but not limited
18 to:
 - 19 – Practices That Build Capacity and Consciousness in Local Communities;
 - 20 – Practices That Increase Service Accessibility;
 - 21 – Practices That Raise Awareness About Mental Health;
 - 22 – Innovative Engagement Practices;
 - 23 – Community Outreach Practices;
 - 24 – Organizational Infrastructure Practices;
 - 25 – Interventions and Treatments; and/or
 - 26 – Locally Adapted Evidence-Based Practices.
 - 27 b. Demonstrated ability to work in a culturally and linguistically appropriate manner
28 with the California Asian Pacific Islander population
 - 29 c. Strong support from the community that the applicant serves. Examples of
30 support could include but is not limited to: financial; volunteer by
31 client/consumer/family members; and general. Support shall be demonstrated
32 through letters of support
 - 33 d. Strong community engagement, including specific roles for
34 clients/consumers/family members in support of the applicant organization and/or
35 the design and/or provision of the CDEP

- 1 e. Demonstrated collaboration with the mental or behavioral health
2 department/agency in the applicant's county in a meaningful manner to provide
3 the CDEP service. This would include operational partnerships in the provision of
4 CDEP services, beyond financial support. If the applicant is a County, it should
5 demonstrate its collaboration with local CDEPs in their provision of services,
6 beyond financial support.
- 7 2. Applicant would benefit from Technical Assistance.
- 8 3. Applicant's CDEP has the potential to significantly impact mental health in
9 California's Asian Pacific Islander population and has the potential to be effectively
10 evaluated, which includes:
 - 11 a. Addresses a community need as identified as a finding or a recommendation in
12 the draft CRDP Strategic Plan
 - 13 b. Evidence exists to suggest program effectiveness. This could include findings
14 from limited or informal evaluations that have been conducted, case studies
15 and/or surveys or testimonies from program participants, family members,
16 community members and/or other stakeholders
 - 17 c. Has the potential for producing evidence of successful mental health outcomes
18 among individuals at increased risk of mental illness or with recent onset of
19 mental illness.

20 In addition to the desired qualifications, consideration will be given to ensure geographic
21 level diversity is achieved.

22 **III. Narrative**

23 Provide a description of your program, your management plan and how you intend to
24 fulfill the goals of the CRDP Phase 2 Asian Pacific Islander CBPP grant. The narratives,
25 in total, should be no more than ten pages, not including Appendices, and must be
26 typed or printed using a standard Times New Roman, Arial or Calibri 12-point font,
27 single-spaced with a blank line between paragraphs and minimum 1-inch margins on 8-
28 1/2" x 11" paper.

29 **If narrative exceeds the 10-page limit, only the first ten pages will be reviewed and**
30 **scored.**

31 Please review Section V. Administration carefully, which describes the required format
32 for the application and the process for submitting it.

33 The Narrative will be scored up to 200 points. All items are required and **MUST** be
34 responded to individually. Please provide clear, concise, detailed responses to each of
35 the following:

1 **1. Program (80 Points)**

2 In this section, describe how your program prevents and/or reduces the severity of
3 mental illness in California’s Asian Pacific Islander population in a culturally and
4 linguistically competent manner. Please include the following information:

- 5 a. What community mental health need or opportunity does this program
6 address? Which specific need or recommendation from the CRDP Asian
7 Pacific Islander Population or Statewide Strategic Plan is addressed by
8 your program?
9 – What risk factors are addressed and how are they addressed?
10 – What are the consequences of failing to meet these needs?
- 11 b. What outcomes do you expect will be realized as a result of the work
12 proposed? These outcomes must include mental health outcomes for
13 individuals at increased risk of mental illness or with recent onset of mental
14 illness.
- 15 c. Provide a detailed overview of your proposed program:
16 – What elements are included in the program? (Approaches, strategies,
17 methods, products or practices delivered?)
18 – To whom are the program elements delivered?
19 – Where/in what setting are the program elements delivered?
20 – When and for how long are the program elements delivered?
21 – What staff are providing the elements and what are their qualifications
22 to deliver the program in a culturally and linguistically competent
23 manner?
- 24 d. In what ways does your program impact the community mental health need
25 identified? Why is it effective?
- 26 e. What existing evidence suggests program effectiveness? This could
27 include findings from limited or informal evaluations that have been
28 conducted, case studies and/or surveys or testimonies from program
29 participants, family members, community members and/or other
30 stakeholders
- 31 f. How does your program demonstrate cultural and linguistic competence in
32 the provision of its services?

33 **2. Organization (60 Points)**

34 In this section, describe your organization’s unique qualifications to provide
35 mental health services to the Asian Pacific Islander community within
36 California, including the following information:

- 37 a. An overview of your organization’s history and how the program fits into the
38 structure, including the individual(s) who will oversee implementation

- 1 activities (if available, provide an organizational chart as an attachment that
2 does not count towards the page limit).
- 3 b. An overview of your organization’s experience providing mental health
4 services to California’s Asian Pacific Islander population in a culturally and
5 linguistically appropriate manner. Please include details about the specific
6 Asian Pacific Islander populations that your organization serves and other
7 programs and services that your organization provides to California’s Asian
8 Pacific Islander population.
- 9 c. Evidence of strong support from the community that you serve, including
10 but not limited to financial support, and volunteer support by
11 client/consumer/family members, and testimonials and letters of support by
12 members of the community.
- 13 d. Evidence of strong community engagement, including specific roles for
14 clients/consumers/family members in support of the applicant organization
15 and/or the design/provision of the CDEP.
- 16 e. Evidence of collaboration with the county in a meaningful manner to
17 provide the CDEP service. This would include operational partnerships in
18 the provision of the CDEP services, beyond financial support by the county.
19 If the applicant is a County, it should demonstrate its collaboration with
20 local CDEPs in their provision of services, beyond financial support.

21 **3. Evaluation (40 Points)**

22 In this section, describe in what ways the CDEP has the potential for
23 producing evidence of successful outcomes, including the following
24 information:

1 f. What evaluation and/or data collection currently occurs within the
2 organization?

5 points

3
4 g. What existing staff, policies and operations currently support data collection
5 and/or program evaluation?

5 points

6
7 h. What evaluation design strategies, measures and additional data do you
8 propose to use to enhance the evaluation of your program in a culturally
9 and linguistically competent manner?

30 points

10
11

12 **4. Technical Assistance Needs (20 Points)**

13 In this section, describe how your organization would benefit from technical assistance
14 and training, including the following information:

- 15 a. Describe at least three areas that your organization would benefit from development
16 or technical assistance. (10 points)
- 17 b. Please indicate which staff members would be designated to work with the Technical
18 Assistance Provider, a summary of their background, their role in your organization
19 and their time availabilities. (10 points)

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1 **IV. Scoring Process and Criteria**

2 **A. ABOUT THIS SECTION**

3 This section explains how the application will be reviewed. It describes the review
4 stages and scoring of all applications. Each application will be evaluated and scored
5 based on its response to the information requested in this Call for Applications.

6 During the review and selection process, CDPH OHE may interview Applicants either by
7 telephone or in person at CDPH for the purpose of clarification and verification of
8 information provided in the application.

9 **B. APPLICATION SCORING**

10 To analyze all applications, CDPH OHE will organize a Scoring Team. The applications
11 will be analyzed in three stages:

12 **Stage One: Administrative and Completeness Screening (Pass/Fail)**

13 CDPH OHE will review applications for compliance with administrative requirements
14 and completeness. Applications that fail Stage One will be disqualified and eliminated
15 from further review.

16 **Stage Two: Application Review (200 points of total score)**

17 Applications passing Stage One will be submitted to the Scoring Team to be scored
18 based on the Scoring Criteria in this Section. Applicant(s) will be scored based on:

19 Part A, Minimum Qualifications. All minimum qualifications will be scored on a pass/fail
20 basis. Only applicants who meet all minimum qualifications will proceed to Part B.

- 21 1. Applicant is the direct provider of a CDEP that prevents mental illness from
22 becoming severe and disabling among California's Asian Pacific Islander population.
23 The CDEP must have been provided by the applicant for a minimum of two years.
- 24 2. Applicant is a 501(c)3 non-profit with an office in California, a public college or
25 university or a local government agency in California (including Tribal government).
- 26 3. Applicant's annual operating expense budget has not exceeded \$500,000 on
27 average during the past two years.

28 Part B, Desired Qualifications. All desired qualifications will be scored on a point basis
29 based on the Applicant's narrative. There is a maximum of 200 points available.
30 Reviewers will develop a score as well as any areas requiring clarification in Stage
31 Three. Scores will be based on the following overarching standards:

Maximum of Points Available	Applicant fully meets the qualification and has provided thorough documentation in support.
Midrange of Points Available (Roughly 75%)	Applicant barely meets the qualification. Applicant is barely adequate and/or support documentation is barely adequate.
Zero Points	Applicant wholly fails to meet the qualification.

1

- 2 1. Program (80 Points)
- 3 2. Organization (60 Points)
- 4 3. Evaluation (40 Points)
- 5 4. Technical Assistance (20 Points)

6 **Stage Three: Interviews**

7 A maximum of six applicants with the highest scores will advance to Stage Three. In
 8 addition, applicants must receive a score of at least 120 points in Stage Two to qualify
 9 for Stage Three.

10 The scoring team will develop clarifying questions for the Interview Stage. Based on the
 11 interview, the scoring team may assign up to 80 additional points to the Stage Two
 12 score.

13 **Stage Four: Site Visit/Verification**

14 Following grant awards, CRDP and TA Provider staff will conduct a site visit to verify all
 15 information provided in the written application and interview. Identification of any
 16 material deviation from what is provided in the application may result in the immediate
 17 termination of CBPP grant funding, at the sole discretion of CRDP.

18 **C. SCORING TEAM**

19 A scoring team will be assembled that will include CDPH staff and select subject matter
 20 experts. The team will be assigned by CRDP leadership. Scoring team members shall
 21 have no financial connection to any organizations applying for Implementation Pilot
 22 Project grants.

23 The scoring team members will review each application thoroughly and assign a final
 24 score.

25 To determine the award of grant funding, applications will be ranked by total score from
 26 highest to lowest. If necessary, adjustment may be made to ensure geographic and
 27 subpopulation diversity. CDPH will provide justification for any adjustments made.

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V. Administration

A. APPLICATION FORMAT

Required Format for an Application

All proposals submitted under this Solicitation must be typed or printed using a standard Times New Roman, Arial or Calibri 12 point font, single-spaced and a blank line between paragraphs on 8-1/2" x 11" paper. Pages must be numbered, sections titled and printed back-to-back with a minimum of one-inch margins. Binders are preferred.

Number of Copies

Applicants must submit the original, five copies and one electronic copy on compact disc of the application and all required documents.

Packaging and Labeling

The original and copies of each volume must be labeled "SOLICITATION 000-00-000". Include the following label information and deliver your application, in a sealed package:

Person's Name	
Phone #	
Applicant's Name	
Street Address	
City, State, Zip Code	
	SOLICITATION 000-00-000
	Contact

1 **Preferred Method for Delivery**

2 Applicant may deliver application by:

- 3 ▪ U. S. Mail
- 4 ▪ Hand delivery
- 5 ▪ Courier service

6 Applications must be delivered to CDPH OHE Monday through Friday, 8 a.m. to 5 p.m., prior to
 7 the date and time specified in Section I.E. In accordance with Public Contract Code 10344,
 8 applications received after the specified date and time are considered late and will not be
 9 accepted. There are no exceptions to this law. **Postmark dates of mailing are not**
 10 **acceptable in whole or in part, under any circumstances.**

11 **Organization of Application**

<p>Cover Letter (1 page maximum: Must be signed by an officer of the firm submitting the Application and include contact information. The cover letter must contain a commitment to provide the required services described with the personnel specified in the submission. The letter should certify that the information contained in the Application is true and correct.)</p>
<p>Required Documents Checklist, Attachment 1 Application Cover Page, Attachment 2</p>
<p>Narrative Must include answers to all questions, which must adhere to the stated page limit</p>
<p>Attachments:</p> <ul style="list-style-type: none"> Attachment 3: Draft Budget Overview Attachment 4: Letters of Support Attachment 5: Cost Form Attachment 6: Business Information Sheet Attachment 7: HIPAA Compliance Form Attachment 8: Non-Supplantantion Certification Form

Nonprofit Organizations - A copy of a current IRS determination letter indicating nonprofit or 501 (c)(3) tax exempt status, if applicable.

1 **B. PROCUREMENT ADMINISTRATION**

2 **1. Authority and Available Funding**

3 This procurement will be conducted under the authority of the California Welfare and Institution
4 Code Section 5814 and 5897. All disputes will be resolved by the Department of Public Health
5 under such authority. The decisions of the CDPH Director are considered final.

6 The total amount payable for the agreement awarded under this Call for Applications shall not
7 exceed \$40,000. The agreement shall be for a term of 6 months.

8 The proposed agreement is valid and enforceable only if sufficient funds are made available by
9 the Budget Act of the appropriate fiscal year for the purpose of the agreement. If full funding
10 does not become available, CDPH will either cancel the resulting agreement or amend to
11 reflect reduced funding and reduced activities.

12 **2. Funding Restrictions**

13 Funds may only be used for reasonable program purposes, including personnel, travel,
14 supplies and services. Funds may not be used for construction or purchase of furniture.

15 **3. Resolution of differences between Call for Applications and agreement**
16 **language**

17 If an inconsistency or conflict arises between the terms and conditions appearing in the final
18 agreement and the proposed terms and conditions appearing in this Call for Applications, any
19 inconsistency or conflict will be resolved by giving precedence to the agreement.

20 **4. CDPH Rights**

21 In addition to the rights discussed elsewhere in this Call for Applications, CDPH reserves the
22 right to do any of the following:

- 23
- 24 ▪ Cancel the Call for Applications.
 - 25 ▪ Modify any date or deadline appearing in this Call for Applications.
 - 26 ▪ Issue clarification notices, addenda, alternate Call for Applications instructions, forms,
27 etc. If this Call for Applications is clarified, corrected, or modified, CDPH will post all
clarification notices and/or Call for Applications addenda on BidSync.

1 **5. Questions and Requirements Change Requests**

2 Questions and requirements change requests must be directed to CRDPpilot@cdph.ca.gov.
3 You may submit written questions and requirements change requests via email by the deadline
4 specified in Section I. A.1. Responses will be posted on the CRDP website and BidSync in the
5 timeline specified in Section I. A.1 Any verbal communication with CDPH OHE staff concerning
6 this Call for Applications is not binding on the State and shall in no way alter a specification,
7 term, or condition of the Call for Applications.

8 This Call for Applications includes a number of requirements on the Applicant, including
9 format, content and qualifications. Potential Applicants may request requirements be changed
10 if they believe they are inappropriate or unduly limit competition. Requests must be emailed to
11 the address specified above and must be received by the date specified in Section I. A.1.
12 Requests will be evaluated on a case-by-case basis.

13

1 **Attachments**

2

DRAFT

1 **ATTACHMENT 1: REQUIRED DOCUMENTS CHECKLIST**

2 Please ensure that each of the following required documents are included and check each box
3 and sign the document to confirm its inclusion.

- 4 Cover Letter
- 5 Narrative
- 6 Attachment 1: Required Documents Checklist
- 7 Attachment 2: Application Cover Page
- 8 Attachment 3: Draft Budget Overview
- 9 Attachment 4: Letters of Support (Include form as cover page and letters)
- 10 Attachment 5: Cost Form
- 11 Attachment 6: Business Information Sheet
- 12 Attachment 7: HIPAA Compliance Form
- 13 Attachment 8: Non-Supplantation Certification

14
15 _____
16 Signed

17
18 _____
19 Date

20

1 **ATTACHMENT 2: APPLICATION COVER PAGE**

A. Organization Name		B. Primary Contact	
C. Address		D. Phone Number	
E. City, State Zip		F. Email	
G. Brief Description of Project			
H. Target Population (Select only one)		I. Geographic Target <small>(Include county and any specific city or neighborhood targeted)</small>	
<input checked="" type="checkbox"/> African American	<input type="checkbox"/> Asian-Pacific Islander	<input type="checkbox"/> Latino	<input type="checkbox"/> LGBTQ
			<input type="checkbox"/> Native American
J. Organizational Operating Budget		K. Organization Type	
2013	2014	<input type="checkbox"/> 501 (c)3 Non-Profit	<input type="checkbox"/> Government (Including Tribal)
		Note: only 501(c)3 Non-Profit and Government organizations are eligible to apply	

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1 **ATTACHMENT 3: DRAFT BUDGET OVERVIEW**

	6 Month Budget	Description
Program Budget		
Personnel		
Non-Personnel		
Direct Costs		
Indirect Costs @ 15% (rent excluded)		
Contracting Costs		
Evaluation Budget		
Grand Total	\$40,000	
Annual Organizational Budget		
% of Organizational Budget		

2

1 **ATTACHMENT 4: LETTERS OF SUPPORT**

Please type or print a list of three (3) references that have provided letters of support for this application. The letters should be included in the response, following this form.

REFERENCE 1

Name, Title and Company of Reference

Street address	City	State	Zip
----------------	------	-------	-----

Telephone number ()

Brief description of working relationship

REFERENCE 2

Name, Title and Company of Reference

Street address	City	State	Zip
----------------	------	-------	-----

Telephone number ()

Brief description of working relationship

REFERENCE 3

Name, Title and Company of Reference

Street address	City	State	Zip
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Telephone number ()

Brief description of working relationship

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1 **ATTACHMENT 5: COST FORM**

Name of the Firm *(Legal name as it will appear on the agreement)*

Mailing address	City	State	Zip Code
Telephone number ()	Fax number ()	Email address, if applicable	
Name of Contact Person	Telephone number: (If different from above) ()		

	Maximum Cost
Year One	

Acknowledgment / Certification

The Applicant hereby certifies that the materials submitted in response to this Solicitation and the price(s)/rate(s) offered on this Cost Form are true and accurate to the best of the Proposer's knowledge.

The Applicant agrees that the price(s)/rate(s) offered herein shall remain in effect until CDPH awards the agreement and throughout the duration of the agreement. Any cost over runs or increases in services, if allowed, shall be billed at the price(s)/rate(s) stated for the appropriate budget period. Grant(s) extensions, if any, shall be billed at the price(s)/rate(s) stated for the last budget period/year if more than one budget period/year is shown.

The Applicant further understands that the above quoted rate(s) must include all of the costs including operating expenses, labor, service call charges, diagnostic fees/estimates, transportation/travel costs, mileage or per diem expenses, equipment costs, supplies, annual inflation costs/rate adjustments, profit margin, etc. By submitting this Cost Form the Proposer hereby claims its willingness to certify to and comply with all requirements and terms and conditions cited in this Solicitation and any attachment thereto.

The Applicant understands that its response will become a public document and will be open to public inspection.

Applicant's signature:	Date signed
Printed/typed name	Title

2

3

1 **ATTACHMENT 7: HIPAA COMPLIANCE FORM**

2

DRAFT

1 **ATTACHMENT 8: NON-SUPLANTATION CERTIFICATION FORM**

2

3 As the duly authorized representative of _____, I hereby certify:
4 Organization Name

5 1. The funds allocated by the California Department of Public Health (CDPH) under the
6 Capacity Building Pilot Projects grant program will not be used to supplant funding for
7 existing levels of service and shall only be used for the purposes specified in the Call for
8 Applicants.

9 2. Upon receipt, the funds will be deposited into an interest-bearing trust fund
10 established solely for this purpose before the funds are transferred or expended for any
11 of the purposes allowed in the Application and Budget, as approved by the CDPH. No
12 CBPP funds are to be comingled with other funds.

Signature:	
Printed Name:	
Title:	
Phone:	
Date:	

13

14

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1 **ATTACHMENT 9: EVALUATION PLAN TEMPLATE**

Evaluation Task	Person(s) Responsible	Timeframe
Staffing		
Engaging Stakeholders		
Focusing the Evaluation		
Gathering Credible Evidence		
Justifying Conclusions		
Using Evaluation Results		

2

3

1 Evaluation Plan Template Instructions

2 This evaluation plan template is based on the Capacity for Health template. The
3 evaluation plan specifies evaluation activities and identifies individuals(s) responsible for
4 the activity and a timeframe for completion. This template is provided for the
5 convenience of the applicants. Applicants are free to modify or replace the template to
6 best reflect the needs of its CDEP and target population.

7 Staffing: Provide steps necessary to identify, hire or otherwise engage staff necessary
8 to plan and conduct the evaluation and fully integrate them into the CDEP

9 Engaging Stakeholders: Provide steps necessary to involve community stakeholders in
10 every aspect of the evaluation process

11 Focusing the Evaluation: Provide steps necessary to identify the most critical aspects of
12 the evaluation, identifying what will be measured and why, ensuring it is in line with
13 community needs

14 Gathering Credible Evidence: Provide steps necessary for the systematic collection of
15 data, including the data sources and the methods and other specifics of data collection

16 Justifying Evaluations: Provide steps necessary to ensure quality of data and to
17 understand the context of results

18 Using Evaluation Results: Provides steps necessary to share results with others and to
19 implement them within the organization to ensure continuous quality improvement

20 For more detailed information, see Developing an Evaluation Plan, Hosted by C4H,
21 available here:
22 [http://www.apiahf.org/sites/default/files/Developing%20an%20Evaluation%20Plan%20P
24 resentation%20Slides.pdf](http://www.apiahf.org/sites/default/files/Developing%20an%20Evaluation%20Plan%20P
23 resentation%20Slides.pdf)

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25

1 **ATTACHMENT 10: CRDP PHASE 2 BACKGROUND**

2 The California Reducing Disparities Project (CRDP) is a project of the California
3 Department of Public Health's Office of Health Equity. CRDP is funded by the Mental
4 Health Services Act (MHSA) of 2004 to support and strengthen mental health programs
5 in California.

6 *MHSA*

7 California voters passed Proposition 63 (now known as the Mental Health Services Act
8 or MHSA) in November 2004. The MHSA provides increased funding, personnel and
9 other resources to support mental health programs and monitor progress toward
10 statewide goals for children, transition age youth, adults, older adults and families. The
11 Act addresses a broad continuum of prevention, early intervention and service needs
12 and the necessary infrastructure, technology and training elements that will effectively
13 support this system.

14 The MHSA allocates 20% of the Mental Health Services Fund for Prevention and Early
15 Intervention (PEI) as a key strategy to prevent mental illness from becoming severe and
16 disabling and improve timely access for underserved populations. PEI programs
17 emphasize strategies to reduce negative outcomes that may result from untreated
18 mental illness: suicide, incarcerations, school failure or dropout, unemployment,
19 prolonged suffering, homelessness and removal of children from their homes.

20 *Mental Health Disparities*

21 The CRDP was developed in response to the disparities that exist in mental health care
22 for diverse populations. Mental health disparities are well documented, especially as
23 they relate to access, availability, quality and outcomes of care. Two major reports
24 identified mental health disparities among racial/ethnic population groups as a national
25 problem (Mental Health: Culture, Race and Ethnicity: A Supplement to Mental Health: A
26 Report of the Surgeon General (DHHS, 2001) and The President's New Freedom
27 Commission on Mental Health's Report Achieving the Promise: Transforming Mental
28 Health Care in America (DHHS, July 2003)). Continuing disparities are troubling,
29 particularly given California's diversity and large populations suffering from these
30 disparities.

31 Populations targeted by the CRDP are unserved, underserved or inappropriately served
32 in the mental health system (DHHS, 2003). Collectively, racially and ethnically diverse
33 populations experience a greater disability burden from emotional and behavioral
34 disorders. According to the report, "The mental health system has not kept pace with
35 the diverse needs of racial and ethnic minorities, often underserving or inappropriately
36 serving them." Additionally, "racial and ethnic minorities bear a greater burden from

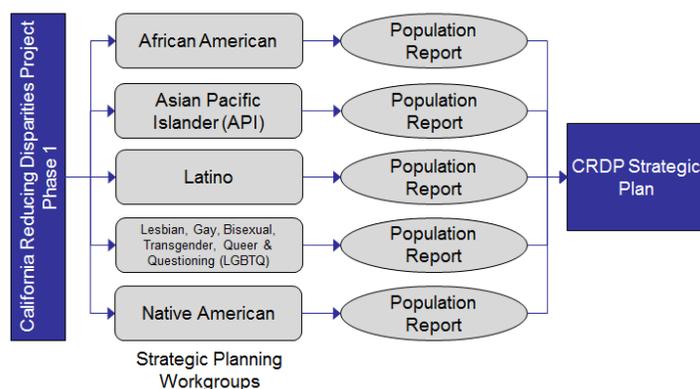
1 unmet mental health needs and thus suffer a greater loss to their overall health and
2 productivity” (DHHS, 2001). These disparities have been attributed to an inadequate
3 ability of publicly funded mental health systems to understand and value the need to
4 adapt service delivery processes to the histories, traditions, beliefs, languages and
5 values of diverse groups (DHHS, 2001). This inability results in misdiagnosis, mistrust
6 and poor utilization of services by ethnically/racially diverse populations (Snowden,
7 1998; Takeuchi, Sue, & Yeh, 1995).

8 CRDP

9 Funded by the MHA and seeking to answer former U.S. Surgeon General David
10 Satcher’s call for national action to reduce mental health disparities, the CRDP was
11 launched in 2009 by the former California Department of Mental Health. CRDP consists
12 of two phases (to date). Phase 1, to be completed in 2015, focuses on the development
13 of a strategic plan to reduce mental health disparities, while Phase 2, to be completed in
14 or about 2020, focuses on implementation of the CRDP strategic plan.

15 CRDP Phase 1

16 In Phase 1, each of the five targeted populations (African American; Asian Pacific
17 Islander; Latino; Lesbian, Gay, Bisexual, Transgender and Queer/Questioning; and
18 Native American) established a Strategic Planning Workgroup (SPW), which in turn
19 engaged community members in an effort to identify promising Community-Defined
20 Evidence Programs (CDEP) and recommendations for reducing mental health
21 disparities for that population. The findings from each SPW’s community engagement
22 process were compiled into a Population Report. The Population Reports were then
23 compiled into a single, comprehensive (draft) Strategic Plan. (The Population Reports
24 and Draft Strategic Plan are available in the Bidder’s Library). This process is outlined in
25 the figure below. The strategic plan has two primary components: 1) goals and
26 strategies to reduce mental health disparities in California; and 2) recommendations to
27 CDPH on what CRDP Phase 2 should look like and how Phase 2 funding should be
28 used.



29

1 As part of Phase 1, the California MHS/Multicultural Coalition (CMMC) was formed in
2 2011 to integrate cultural and linguistic competence into the public mental health
3 system. The Coalition provides information to educate key stakeholders and policy
4 decision makers on issues surrounding mental health in historically unserved,
5 underserved and/or inappropriately served communities. Moreover, the Coalition is
6 tasked with increasing awareness regarding mental health disparities in general.

7 *CRDP Phase 2*

8 CRDP Phase 2 is designed to build on and implement strategies developed in Phase 1
9 and identified in the CRDP Strategic Plan. Phase 2 focuses on strengthening and
10 demonstrating effectiveness of population-specific interventions and developing and
11 reinforcing infrastructure to effectively deliver mental health services to impacted
12 populations.

13 CRDP Phase 2's vision is a California in which all individuals, regardless of race,
14 ethnicity, sexual orientation or gender identity, receive quality mental health prevention
15 and treatment services delivered in a culturally and linguistically competent manner. Its
16 goals include:

- 17 ▪ Demonstrate through a rigorous, community-participatory evaluation process that
18 selected CDEPs are effective in preventing or reducing the severity of mental
19 illness
- 20 ▪ Upon completion of Phase 2, to increase funding of validated CDEPs by other,
21 non-CRDP sources, including county mental health agencies
- 22 ▪ Support changes in statewide and local mental health delivery systems and
23 policies that will reduce mental health disparities among unserved, underserved
24 and inappropriately served populations

25 CRDP Phase 2 is guided by the following principles, which serve as the basis for its
26 structure and framework:

- 27 ▪ **Do business differently.** Doing business differently has been a focus of CRDP
28 from the start. Doing business differently involves attentive listening and genuine
29 consideration of community and CRDP partner input in order to be responsive to
30 community needs. Doing business as usual has contributed to disparities;
31 therefore, reducing disparities will need to involve doing business differently.
- 32 ▪ **Build community capacity.** To sustain efforts to reduce mental health
33 disparities beyond the period of CRDP Phase 2 funding, it is necessary to invest
34 in creating community capacity and supporting community-based organizations.
- 35 ▪ **Fairness.** A program designed to reduce disparities must not perpetuate
36 disparities. Contracts should be awarded based on merit and only after all

1 interested parties have been invited to apply and if needed, provided with tools
2 and services to support their application.

- 3 ■ **System change.** CRDP does not exist in a vacuum. If the effort to reduce
4 disparities begun with CRDP Phases 1 and 2 is to be sustained beyond the
5 period of funding, then Phase 2 needs to address the context and bigger picture
6 within which CRDP exists. This will allow smoother integration of Phase 2 funded
7 programs into the larger mental health care delivery system.

8 There are five elements to Phase 2:

- 9 ■ **Pilot Projects** – Pilot Projects are the central component of CRDP Phase 2. Pilot
10 Projects are existing Community-Defined Evidence Projects (CDEP) that are
11 providing culturally competent prevention and early intervention services to
12 members of a CRDP target population. CDEPs include sets of practices that
13 communities have used and determined to yield positive results as determined by
14 community consensus over time, that may or may not have been measured
15 empirically but have reached a level of acceptance by the community (Community-
16 defined Evidence Project Working Group, 2007). Phase 2 funds would allow a CDEP
17 to expand to reach more clients and be rigorously evaluated to determine its
18 effectiveness. Pilot Projects may include projects identified in the Population
19 Reports, as well as additional projects that may not have been included in the Phase
20 1 process, but show promise of effectively addressing mental health. We are
21 defining mental health loosely to allow for holistic approaches that show promise.

22 Validation of CDEPs is important because many funding and reimbursement
23 opportunities are tied to evidence-based practices. Validating CDEPs can help them
24 be established as evidence-based practices. Evidence-based practices are
25 approaches to prevention or treatment that are validated by some form of
26 documented scientific evidence. This includes findings established through
27 controlled clinical studies, but other methods of establishing evidence are valid as
28 well. Seeking recognition as an evidence-based practice will be optional for pilots, as
29 it may not be appropriate for all populations and/or pilots.

30 There will be two stages for the Pilot Project component. Stage one is Capacity
31 Building and lasts six months. Projects will be selected based on need, potential and
32 likelihood for success. Through the Capacity Building process, they will be provided
33 with technical assistance and training in order to develop organizational capacity to
34 apply for Implementation Pilot Project grants. Stage two is Implementation. During
35 the Implementation Stage, Pilot Projects will expand, implement and evaluate their
36 CDEP. All Pilot Projects will be selected through a competitive process, based on
37 the review of their applications.

- 38 ■ **CRDP Advisory Committee** – In Phase 2, the CRDP Advisory Committee will consist
39 of representatives from communities around the state. It will advise CDPH CRDP

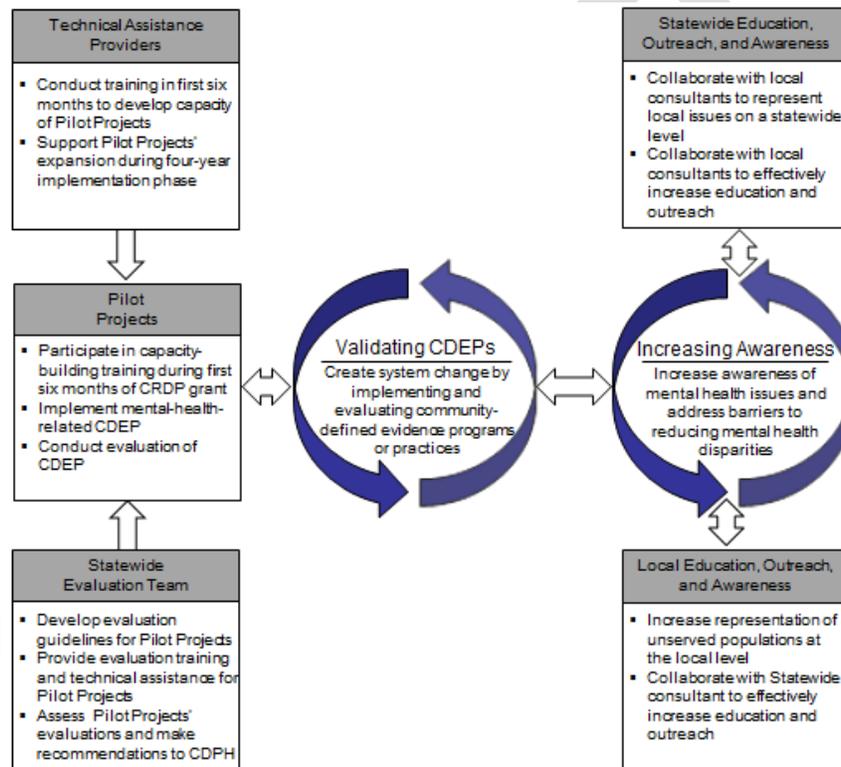
1 staff on community needs and best practices to guide the integration of cultural and
2 linguistic competence into the public mental health system.

- 3 ■ Education, Outreach and Awareness Consultants – In CRDP Phase 2, education
4 and outreach regarding the needs of underserved communities and effective
5 strategies to address these disparities will be bolstered at the statewide and local
6 levels. One statewide consultant and up to five local consultants will be engaged to
7 help bring together community stakeholders and resources to address mental health
8 disparities. The Local Education, Outreach and Awareness Consultants will work to
9 increase awareness of mental health issues in impacted communities and inform
10 local policy makers and administrators about issues impacting underserved,
11 underserved and inappropriately served communities. In addition, the local
12 education and outreach providers will seek to identify and implement collaborative
13 processes through which representatives from the impacted communities can more
14 effectively work with county administrators to reduce mental health disparities by
15 increasing access to care and improving quality of care and service outcomes.
- 16 ■ Technical Assistance – Five population-specific Technical Assistance (TA) Providers
17 will be established in CRDP Phase 2. During the Capacity Building stage, the TA
18 Providers will be expected to work with Pilot Projects to develop their administrative
19 and programmatic capacities and support them in their application process for the
20 CRDP Phase 2 Implementation Pilot Projects. During the Implementation phase, the
21 TA Providers will focus on supporting the Pilot Projects by working to improve
22 administration and operations, identifying and securing additional resources and
23 building strategic partnerships to better serve communities.
- 24 ■ Evaluation – The purpose of Phase 2 evaluations is to demonstrate the
25 effectiveness of CDEPs, to help Pilot Projects improve operations and interventions
26 and to determine the overall effectiveness of CRDP in reducing mental health
27 disparities in the target populations. Evaluations will be performed by a Statewide
28 Evaluation Team and by evaluators at each Pilot Project and will be organized at
29 three levels:
 - 30 1) Individual pilot programs supported by the Statewide Evaluation Team will
31 evaluate their projects to determine the effectiveness of interventions in
32 preventing and/or reducing the severity of mental illness and/or promoting mental
33 health in the communities that they are serving;
 - 34 2) Population leads from the Statewide Evaluation Team will prepare guidelines to
35 ensure a certain level of consistency across the Pilot Projects for each population
36 group. This will include common outcome measures and evaluation
37 methods/approaches; and
 - 38 3) Every component of the CRDP (including Pilot Projects, Technical Assistance
39 Providers, etc) will be assessed by the Statewide Evaluation Team to determine

1 if each individual component and the CRDP taken in whole are effective in
2 addressing mental health disparities.

3 Though the Phase 2 Pilot Project evaluations will be managed and owned by the
4 individual Pilot Projects, the Statewide Evaluation Team will be responsible for
5 providing guidance and support to each of the Pilot Projects to develop appropriate
6 community participatory evaluations (defined in Section VI. L. Definition of Terms) as
7 defined by their respective communities. The Statewide Evaluation Team will
8 provide Pilot Projects with technical assistance and training related to evaluation.

9 The image below illustrates the relationship between these elements:



10

11 CRDP Phase 2 is anticipated to be funded at \$60 million and allocated between the
12 Contractors as follows:

Element	Total Funding	Number of Contracts/ Grants	Funding Term	Maximum Funding per Contract per Year
Local Education, Outreach and Awareness Consultants	\$2,000,000	5	4 years	\$250,000
Statewide Education, Outreach and Awareness Consultant	\$1,000,000	1	4 years	\$250,000
Pilot Projects <i>Capacity Building</i>	\$600,000	15	6 months	\$40,000
<i>Implementation</i>	\$39,900,000	35	4 years	\$285,000
Technical Assistance Provider	\$6,250,000	5	5 years	\$250,000
Statewide Evaluation Team - Evaluation TA - Overall Evaluation	\$6,000,000 \$4,250,000	1	5 years	\$1,200,000 \$500,000

1

2 Proposers may respond to multiple CRDP Phase 2 component solicitations. However,
3 no organization shall be awarded multiple CRDP Phase 2 grants.

4 *Asian Pacific Islander Community*

5 The API populations, also known as Asian American, Native Hawaiian and Pacific
6 Islander (AANHPI), are among the fastest growing racial groups in the United States.
7 According to the 2010 Census, 32% of the Asian American population and 23% of the
8 Native Hawaiian and Pacific Islander population in the U.S. reside in California. All API
9 communities totaled represent 15.5% of the state's population.

10 **Summary of Mental Health Status**

1 Even though APIs are thought to have low prevalence rates for serious mental illness
2 and low utilization rates of mental health services, there is evidence that has shown
3 otherwise. For example, as reported by the Asian & Pacific Islander American Health
4 Forum based on the 2008 data by the Center for Disease Control, Native Hawaiian and
5 Pacific Islander adults had the highest rate of depressive disorders and the second
6 highest rate of anxiety disorders among all racial groups. Also API women ages 65 and
7 over consistently have had the highest suicide rate compared to other racial groups.

8 APIs may have more reluctance towards seeking help due to stigma, language barrier,
9 lack of access to care and lack of culturally competent services. Moreover, even though
10 APIs are often grouped as one, many differences exist among various ethnic subgroups
11 in areas such as language, culture, religion, spirituality, educational attainment,
12 immigration pattern, acculturation level, median age, income and socioeconomic status.
13 However, the heterogeneity among the APIs is rarely recognized or reflected in
14 research and data collection, and the lack of disaggregated data continues to worsen
15 the issues of disparity in mental health services.

16 **Summary of Asian-Pacific Islander Strategic Planning Workgroup (SPW)**

17 Despite the diversity in the API populations and the uniqueness of each geographic
18 region, there are many more similarities than differences as far as barriers contributing
19 to mental health service disparities are concerned. Many of these barriers are
20 interrelated, as one barrier frequently and consequently would add disparities to
21 another. The following is the high-level list of barriers identified by the API SPW:

- 22 ▪ Lack of access to care and support for access to care
- 23 ▪ Lack of availability of culturally appropriate services
- 24 ▪ Lack of quality of care
- 25 ▪ Language barrier
- 26 ▪ Lack of disaggregated data and culturally appropriate outcome evaluation
- 27 ▪ Stigma and lack of awareness and education on mental health issues
- 28 ▪ Workforce shortage

29 In order to bring down these barriers and provide necessary care to the API community,
30 the SPW made the following high-level recommendations:

- 31 ▪ Increase access by supporting culturally competent outreach, engagement, and
32 education to reduce stigma against mental illness and to raise awareness of mental
33 health issues.
- 34 ▪ Increase access by modifying eligibility requirements, by including ancillary services
35 supporting access, and by providing affordable options.
- 36 ▪ Increase availability and quality of care by supporting the development and retention
37 of a culturally competent workforce.

- 1 ▪ Increase availability and quality of care by supporting services that meet the core
2 competencies and program criteria as defined by the API-SPW.
- 3 ▪ Reduce disparities by collecting disaggregated data to accurately capture the needs
4 of various AANHPI communities, by supporting culturally appropriate outcome
5 measurements, and by providing continuous resources to validate culturally
6 appropriate programs.
- 7 ▪ Empower the community by supporting community capacity-building through efforts
8 such as leadership development, technical assistance, inclusion of community
9 participation in the decision-making process, and establishment of infrastructures
10 that can maximize resource leveraging

11 This summary is based on the CRDP Phase 1 Asian Pacific Islander Strategic Planning
12 Workgroup report, “Asian Pacific Islander Population Report: In Our Own Words.”
13 (Pacific Clinics, 2013)

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1 ATTACHMENT 11: IPP GOALS & REQUIREMENTS

2 Goal 1: Evaluate CDEP Effectiveness

3 Evaluation is a cornerstone of the success of the IPPs. Rather than imposing a top-
4 down, one-size-fits-all approach, IPPs will be empowered to develop their own
5 approach to program evaluation in a manner that is culturally and linguistically
6 competent. Working under the guidance of the Statewide Evaluation Team, the Grantee
7 will refine its Proposed Evaluation Plan and implement its approved Evaluation Plan
8 throughout the term of the grant. Over the course of the grant, the IPPs will be
9 responsible for collecting data, providing regular updates to CDPH and developing a
10 final Evaluation.

11 Requirements:

12 B. Evaluation Plan

13 As part of its application, the Grantee will have provided a detailed Proposed
14 Evaluation Plan. An optional template is provided as a guide in Attachment 11.
15 However, IPPs may amend or replace it as appropriate for their program. The
16 Centers for Disease Control's "Developing an Effective Evaluation Plan" is also
17 provided in the Bidder's Library and may be a useful reference in developing the
18 Proposed Evaluation Plan. The Evaluation Plan shall include a detailed
19 description of the following:

- 20 1. Evaluation Approach: This describes specific details in regards to how the
21 Grantee would implement a program evaluation that is both culturally and
22 linguistically competent and addresses the needs of the community that it is
23 serving. The approach must describe in detail the plan for gathering
24 qualitative and quantitative data and must detail how community stakeholders
25 would be engaged throughout the evaluation process.
- 26 2. Theory of Change and Logic Model: The Theory of Change is a detailed
27 description of the step-by-step process that theoretically will lead to the end
28 goal, including a clear articulation of the assumptions made to explain the
29 change process. The Logic Model is a planning tool that provides detailed
30 description of how the program is expected to improve mental health
31 outcomes of program participants. Samples of the Theory of Change and
32 Logic Model are provided in the Bidder's Library.
- 33 3. Key Questions and Outcome Measures: This should include the specific,
34 detailed questions the evaluation will seek to answer and what outcomes will
35 be tracked. This must include mental health outcomes for individuals at
36 increased risk of mental illness or with recent onset of mental illness.

- 1 4. Timeline: This should include planned due dates for included requirements
2 and milestones that show tangible process towards meeting each
3 requirement.
- 4 5. Evaluation Staffing Model: If the Grantee proposes to utilize an in-house staff
5 evaluator, the Grantee shall provide a description of the key qualifications and
6 essential duties of the principal evaluator. In the event that the Grantee
7 proposes to utilize a contractor to meet its evaluation requirements, the
8 Grantee must provide the contractor's:
- 9 i. Statement of qualifications, which demonstrates the Contractor's
10 qualifications to develop and implement an evaluation plan, working in a
11 culturally and linguistically competent manner and engaging the community
12 throughout the process
- 13 ii. Detailed statement of work, which demonstrates the ability of the Grantee to
14 ensure effective and timely implementation of the Evaluation Plan
- 15 6. Continuous Quality Improvement Plan: The Grantee must provide a detailed
16 plan describing ongoing program monitoring activity that ensures program
17 integrity and continuous quality improvement. This should include:
- 18 i. Who within the organization will be involved?
- 19 ii. When and how often will results be reviewed?
- 20 iii. Who will decide how programs should be changed as a result of the
21 evaluation?
- 22 iv. Which stakeholders will be involved and in what setting? (Stakeholders
23 include any persons interested in or impacted by the CDEP, including
24 clients, family members and other community members.)
- 25 v. How will stakeholder feedback be incorporated?
- 26 7. Update Plan: The Grantee shall update the Evaluation Plan annually, review
27 with the Statewide Evaluation Team and obtain approval for any deviations
28 from CDPH. The applicant must provide a detailed plan indicating how the
29 Evaluation Plan will be updated and reviewed to meet this requirement at
30 least once every grant year.
- 31 8. Institutional Review Board (IRB) Review (If necessary): An Institutional
32 Review Board, also known as an Independent Ethics Committee or an Ethical
33 Review Board, provides oversight on some behavioral research involving
34 human test subjects. IPPs may be required to obtain IRB approval if the
35 evaluation is deemed to constitute "human subject research" (see
36 <http://www.hhs.gov/ohrp/humansubjects/commonrule/> for more information). If
37 the Grantee has determined that it will need IRB approval, the Proposed

1 Evaluation Plan should reflect this requirement. The Statewide Evaluation
2 Team will independently make a recommendation to CDPH as to which IPPs
3 must pursue IRB approval.

- 4 9. Evidence-Based Practice (Optional): The Applicant may wish to pursue
5 review and acceptance as an Evidence-Based Practice, at its option. Doing
6 so would require experimental or quasi-experimental evaluation design. The
7 Grantee should review requirements from Substance Abuse and Mental
8 Health Services Administration's (SAMHSA) National Registry of Evidence-
9 Based Programs and Practices (<http://www.nrepp.samhsa.gov/>). If the
10 Applicant plans to pursue review and acceptance, it must provide a detailed
11 description of how it would meet the requirements.

- 12 C. Within 30 days of the grant being initiated, the IPP will receive Evaluation
13 Guidelines from the Statewide Evaluation Team and meet to discuss evaluation
14 strategies, identify opportunities for refinement and ensure alignment of the
15 Proposed Evaluation Plan with the Evaluation Guidelines and to ensure it fulfills
16 all data collection needs for the CRDP Program Evaluation. The Grantee shall
17 revise the Plan, as appropriate, and resubmit it for review and acceptance by
18 CDPH within 90 days of the start of the grant period. Failure to secure
19 acceptance by CDPH are grounds to suspend the grant until the requirement has
20 been met. CDPH will have the sole discretion to accept or reject the Evaluation
21 Plan. Participation in Ongoing Evaluation Technical Assistance

22 The Statewide Evaluation Team will provide IPPs with ongoing technical
23 assistance. This technical assistance will include, at a minimum:

- 24 ▪ Evaluation planning, design and implementation, measuring the baseline,
25 data collection, engaging community members in the evaluation process,
26 seeking recognition as an evidence-based strategy, hiring an evaluator and
27 obtaining Institutional Review Board approval of research protocols (if
28 necessary). The Evaluation Technical Assistance provider will also provide
29 ongoing support throughout the implementation stage to help refine and
30 troubleshoot issues that may arise regarding evaluation. This may include,
31 but is not limited to, assistance regarding data collection, interpretation and
32 validation.

33 D. Annual Evaluation Updates

34 At the end of each grant year, the Grantee shall provide an Annual Update to
35 CDPH. This report shall include an overview of yearly data, provide a recap of
36 activities during the year and an overview of the activities planned for the
37 upcoming year. In addition, it should include a narrative description of evaluation
38 successes and challenges to the extent available. The update shall be provided
39 within 60 days of the end of the year.

1 E. Updated Evaluation Plan

2 The Grantee shall submit an Updated Evaluation Plan by the end of each grant
3 year to account for program insights obtained during the previous year, additional
4 guidelines issued by CDPH, the Statewide Evaluation Team or new
5 circumstances. CDPH will have the sole discretion to accept or reject the
6 Updated Evaluation Plan.

7 F. CDEP Evaluation

8 No later than the end of the second quarter of the fourth grant year, the Grantee
9 shall submit to the Statewide Evaluation Team a draft version of its Final CDEP
10 Evaluation. The Statewide Evaluation Team shall provide feedback and
11 recommendations. The Grantee shall then revise the Evaluation as appropriate.
12 Implementing feedback and recommendations shall occur at the Grantee's sole
13 discretion. In addition, the Statewide Evaluation Team will also be providing
14 subject matter expert support to CDPH staff in reviewing the Final Evaluation.

15 Prior to the end of the grant period, the Grantee shall provide a Final Evaluation
16 that details the results and impacts of the Pilot Project. The Final Evaluation shall
17 be based on the Evaluation Plan, which shall be aligned with all Evaluation
18 Guidelines provided by the Statewide Evaluation Team. CDPH will have the sole
19 discretion to accept or reject the Final CDEP Evaluation.

20 **Goal 2: Increase CDEP Scale to Facilitate Evaluation**

21 CDEP validation as an effective practice relies on achieving an appropriate sample size.
22 Grantees will receive guidance on appropriate sample size from the Statewide
23 Evaluation Team. Grantees that have not already achieved adequate scale to provide
24 an appropriate sample size will be responsible for increasing its current project scale to
25 allow for effective evaluation, through the manner established by its application. To
26 support responsible, effective expansion, Pilot Projects will receive resources, guidance
27 and technical assistance from CDPH and its contractors.

28 Requirements:

29 A. CDEP Growth Plan

30 Within 60 days of the grant being initiated, the Statewide Evaluation Team will
31 provide a written assessment of each IPP's need to increase scale to facilitate
32 evaluation. Based on the identified need, the IPP will work with the Asian Pacific
33 Islander TA Provider to identify appropriate strategies to achieve this scale. The
34 IPP will produce an Action Plan that will meet the assessed needs, which must
35 be finalized within 90 days of receipt of the written assessment.

1 **Goal 3: Strengthen Operations and Infrastructure to Improve** 2 **Organizational Sustainability**

3 TA will be provided to Grantees in order to build organizational capacity. The TA will
4 serve to remove any obstacles related to organizational capacity that might cause an
5 IPP to be unsuccessful. In addition, this TA will work to make grantees more
6 sustainable. Sustainability includes developing the capacity to apply for future grants
7 and other funding streams, the organizational structure to facilitate growth and other
8 infrastructure that will help grantees provide service at the highest level.

9 In order to achieve this, IPPs will be working closely with the Asian Pacific Islander TA
10 Provider. The TA Provider will provide specific support to all IPPs as well as support
11 tailored to each IPP's individual needs. The IPPs will be required to participate in
12 technical assistance activities, including an initial assessment, planned technical
13 assistance trainings and ongoing technical assistance and to provide input, as
14 necessary, to facilitate tailored support. In addition, the IPPs will receive TA from TA
15 Providers focused on other populations, to support the IPPs in better serving LGBTQ
16 and mixed race individuals. Technical assistance will include, but is not limited to:

- 17 ■ Community Engagement
 - 18 ○ Community outreach
 - 19 ○ Cultural competence
 - 20 ○ Linguistic competence
- 21 ■ Organizational Development
 - 22 ○ Grant writing
 - 23 ○ Financial planning and management
 - 24 ○ Organizational planning and management
 - 25 ○ Staff development
 - 26 ○ Board development
 - 27 ○ Professional networking
 - 28 ○ Regulatory compliance
 - 29 ○ Information technology
- 30 ■ Program Development
 - 31 ○ Continuous quality improvement

32 Requirements:

1 A. CDEP Capacity Building Action Plan

2 Within 60 days of the grant being initiated, the Asian Pacific Islander TA Provider
3 will provide a written assessment of each Asian Pacific Islander IPP's
4 organizational strengths and limitations in effectively and efficiently providing its
5 CDEP. The written assessment will be developed through a collaborative
6 process in which the Asian Pacific Islander TA Provider and the IPP will work to
7 identify any current gaps. The IPP will produce an Action Plan that will meet the
8 assessed needs and must be finalized within 60 days of receipt of the written
9 assessment.

10 B. Peer-to-Peer Learning

11 CDPH, supported by the five TA Providers will organize an annual in-person
12 peer-to-peer learning session for all pilot projects. **Grantees are required to**
13 **participate and attend in-person each year and should budget for travel**
14 **costs for three staff.**

15 **Goal 4: Increase Awareness of CDEPs**

16 Increasing awareness of effective mental health practices in the Asian Pacific Islander,
17 mental health provider, funder and policy communities is critical to increasing adoption
18 of such practices.

19 In order to facilitate dissemination of IPP results, there will be a Final Convening. The
20 Statewide Evaluation Team and Asian Pacific Islander TA Provider will organize a
21 symposium featuring the successes and the lessons learned from all Asian Pacific
22 Islander Pilot Projects. Each IPP will participate in the planning and execution of this
23 symposium.

24 Requirement:

25 A. Draft Presentation

26 Grantee shall work with the TA Provider and the Statewide Evaluation Team to
27 identify the appropriate format and content for its presentation. Grantee shall
28 develop a PowerPoint presentation covering its success and lessons learned, in
29 the context of the overall Asian Pacific Islander efforts. The Draft shall be
30 completed at least 30 days prior to the Final Convening. Draft shall be reviewed
31 by CDPH, the Asian Pacific Islander TA Provider and the Statewide Evaluation
32 Team.

33 B. Final Presentation

1 Grantee shall refine its presentation, as appropriate, and present at the Final
2 Convening. Grantee shall provide CDPH with a copy of the presentation as the
3 final requirement. The Final Presentation shall be provided to CDPH no later than
4 10 days prior to the Final Convening.

6 **Goal 5: Project Management**

7 Effectively implementing these grants will require regular meetings and updates
8 between the Grantee and CDPH. This will ensure CDPH is up-to-date on IPP progress
9 and allow Grantees to provide feedback on the support they are receiving.

10 Requirement:

11 A. Kickoff Meeting

12 The Grantee shall attend a kickoff meeting with the CDPH OHE Grant Manager
13 (GM). The Grantee's Project Manager (PM), Grant Administrator and Fiscal
14 Officer shall attend this meeting to discuss the administrative, fiscal and technical
15 aspects of this contract. Prior to the kickoff meeting, the GM will develop an
16 agenda, which the PM may add to, as necessary. The PM will provide an agenda
17 to all potential meeting participants. CDPH OHE will designate the date and
18 location of this meeting. **Grantees are required to participate and attend in-**
19 **person and should budget for two days of travel costs for three staff.**

20 The meeting shall include, but is not limited to, a review of the following:

- 21 a. Administration;
- 22 b. Detailed review of the Work Plan, schedule and requirements;
- 23 c. Roles and responsibilities; and
- 24 d. Strategies and goals.

26 B. Quarterly Collaboration Meetings

27 The Grantee shall meet with CDPH staff and other CRDP contractors/grant
28 recipients at least quarterly. It is anticipated that these sessions will last two
29 hours and will be held virtually.

30 C. Quarterly Update

31 No later than 15 days after the close of each quarter the, Grantee shall provide a
32 written update on its program. This update shall cover progress in implementing
33 the Work Plan and Evaluation Plan, including achievement of the Goals and
34 Objectives therein. The report must have a separate section covering each of the

1 goals, each a minimum of two pages and a maximum of ten pages for the entire
2 update.

3 For Goal 1 the section shall provide an update on overarching and IPP specific
4 program metrics, following the guidelines specified by the Statewide Evaluation
5 Team. The report shall also include a discussion of any notable experiences or
6 challenges in evaluation or data collection during the period. The Grantee must
7 maintain records detailing the data collected and must make files available for
8 inspection upon request.

9 For Goals 2 through 5 the report shall focus on progress completing activities
10 and achieving objectives included in the Work Plan for each Goal, and may
11 include notable experiences, key performance indicators and/or technical
12 assistance needs as well. These periodic reports may be augmented by informal
13 telephone, email or in-person reports, as needed.

14 D. Closeout Meeting

15 The Grantee shall compile a closeout report that summarizes the major efforts,
16 findings and lessons learned from CRDP Phase 2 from the perspective of the
17 IPP. The Grantee shall deliver the closeout report in person during a meeting
18 with CDPH OHE to ensure thorough knowledge transfer. The Final Meeting must
19 be completed before the end of the term of this Agreement. The PM will
20 determine the appropriate meeting participants and particulars. **Grantees are**
21 **required to participate and attend in-person and should budget for travel**
22 **costs for three staff.**

23

1 **ATTACHMENT 12: DEFINITION OF TERMS**

2 Capacity Building: The process by which individuals, groups, organizations, institutions
3 and societies increase their abilities to: (a) perform core functions, solve problems,
4 define and achieve objectives; and (b) understand and deal with their development
5 needs in a broad context and in a sustainable manner. (United Nations Educational,
6 Scientific and Cultural Organization, 2006)

7 Community-Defined Evidence Practice: A set of bottom-up practices derived from a
8 community's ideas of illness and healing or positive attributes of cultural or traditional
9 practices. In addition, the practice has been used by the targeted community, which has
10 determined it to yield positive results through community consensus. While some
11 CDEPs may have been measured empirically, this is not necessary to show that there is
12 a consensus in the community regarding its effectiveness. CDEPs can include a range
13 of culturally tailored treatment approaches or support (Martinez, 2010; CIBHS, 2014;
14 Community Defined Evidence Project Work Group, 2007). These services are often
15 culture-specific practices that are supported by community experience but not yet
16 recognized or funded by the public mental health system.

17 Community-Participatory Evaluation: A partnership approach to evaluation in which
18 stakeholders actively engage in developing the evaluation and all phases of its
19 implementation.

20 Those who have the most at stake in the program – partners, program beneficiaries,
21 funders and key decision makers – play active roles. Participation occurs throughout the
22 evaluation process, including:

- 23 ▪ Identifying the relevant questions;
- 24 ▪ Planning the evaluation design;
- 25 ▪ Selecting the appropriate measures and data collection methods;
- 26 ▪ Gathering and analyzing data;
- 27 ▪ Reaching consensus about findings, conclusions and recommendations; and
- 28 ▪ Disseminating results and preparing an action plan to improve program
29 performance. (Zukoski & Luluquisen, 2002)

30 Cultural Competence: Cultural competence is a set of congruent behaviors, attitudes,
31 policies, structures and practices that come together in a system, agency or among
32 professionals and enable that system, agency or those professionals to work effectively
33 in cross-cultural situations. The word “culture” is used to imply the integrated pattern of
34 human behavior that includes thoughts, communications, actions, customs, beliefs,
35 values and institutions of a racial, ethnic, religious or social group. The word
36 competence is used because it implies having the capacity to function effectively. A

1 culturally competent system of care, agency or organization acknowledges and
2 incorporates—at all levels. (Cross, 1989)

3 Culture: An integrated pattern of human behavior which includes thought,
4 communication, languages, beliefs, values, practices, customs, courtesies, rituals,
5 manners of interacting, role, relationships and expected behaviors of a racial, ethnic,
6 religious or social group and the ability to transmit this pattern to succeeding
7 generations. (National Center for Cultural Competence, 2001)

8 Disparities, Mental Health: Differences in health and mental health status among distinct
9 segments of the population, including differences that occur by gender, age, race or
10 ethnicity, sexual orientation, gender identity, education or income, disability or functional
11 impairment or geographic location or the combination of any of these factors. (Health
12 and Safety Code, Section 131019.5)

13 Ethnicity: Of or relating to large groups of people classed according to common racial,
14 tribal, religious or linguistic or cultural origin or background. (National Center for Cultural
15 Competence, 2001)

16 Intervention: Any type of treatment, preventive care or test that a person could take or
17 undergo to improve health or to help with a particular problem. (Agency for Healthcare
18 Research and Quality)

19 Linguistic Competence: Linguistic competence is the capacity of an organization and its
20 personnel to effectively communicate with persons of limited English proficiency, those
21 who have low literacy skills or are not literate and individuals with disabilities. These
22 may include, but not limited to, the use of: bilingual/bicultural staff; cultural brokers;
23 multilingual telecommunication systems; teletypewriter; foreign language interpretation
24 services; sign language interpretation services; ethnic media in languages other than
25 English; print materials in easy to read, low literacy, picture and symbol formats;
26 assistive technology devices; computer assisted real time translation; materials in
27 alternative formats; varied approaches to sharing information with individuals who
28 experience cognitive disabilities; and translation of legally binding documents, signage,
29 health education materials and public awareness materials and campaigns. The
30 organization must have policy, structure, practices, procedures and dedicated resources
31 to support this capacity. (National Center for Cultural Competence, 2001)

32 Mental Illness: Disorders generally characterized by dysregulation of mood, thought,
33 and/or behavior, as recognized by the Diagnostic and Statistical Manual, 4th edition, of
34 the American Psychiatric Association (DSM-IV). (CDC, 2013)

35 Prevention: A set of related activities to reduce risk factors for developing a potentially
36 serious mental illness and to build protective factors. The goal of this program is to bring

1 about mental health including reduction of the applicable negative outcomes listed in
2 Welfare and Institutions Code Section 5840, subdivision (d) as a result of untreated
3 mental illness for individuals and members of groups or populations whose risk of
4 developing a serious mental illness is significantly higher than average and, as
5 applicable, their parents, caregivers, and other family. “Risk factors for mental illness”
6 means conditions or experiences that are associated with a higher than average risk of
7 developing a potentially serious mental illness. Kinds of risk factors include, but are not
8 limited to, biological including family history and neurological, behavioral,
9 social/economic. Examples of risk factors include, but are not limited to, a serious
10 chronic medical condition, adverse childhood experiences, experience of severe
11 trauma, ongoing stress, exposure to drugs or toxins including in the womb, poverty,
12 family conflict or domestic violence, experiences of racism and social inequality,
13 prolonged isolation, having a previous mental illness, a previous suicide attempt, or
14 having a family member with a serious mental illness. Prevention program services may
15 include relapse prevention for individuals in recovery from a serious mental illness.
16 Prevention programs may include universal prevention efforts as defined below if there
17 is evidence to suggest that the universal prevention effort is likely to bring about mental
18 health and related functional outcomes for individuals and members of groups or
19 populations whose risk of developing a serious mental illness is significantly higher than
20 average. Universal prevention efforts mean efforts that target a population that has not
21 been identified on the basis of risk. (MHSOAC, 2014)

22 Early Intervention: Treatment and other services and interventions to address and
23 promote recovery and related functional outcomes for a mental illness early in its
24 emergence, including the applicable negative outcomes listed in Welfare and
25 Institutions Code Section 5840, subdivision (d) that result from untreated mental illness.
26 Early Intervention program services shall not exceed eighteen months, unless the
27 individual receiving the service is identified as experiencing first onset of a serious
28 mental illness or emotional disturbance with psychotic features, in which case early
29 intervention services shall not exceed four years. Early Intervention program services
30 may include services to parents, caregivers, and other family members of the person
31 with early onset of a mental illness, as applicable. Early Intervention program may
32 include efforts to prevent relapse in an individual with early onset. (MHSOAC, 2014)

33 Race: There is an array of different beliefs about the definition of race and what race
34 means within social, political and biological contexts. The following definitions are
35 representative of these perspectives:

- 36 ▪ A tribe, people or nation belonging to the same stock; a division of humankind
37 possessing traits that are transmissible by descent and sufficient to characterize
38 it as a distinctive human type.

- 1 ▪ Race is a social construct used to separate the world's peoples. There is only
2 one race, the human race, comprised of individuals and characteristics that are
3 more or less similar to others. (National Center for Cultural Competence, 2001)

4 Sustainability: Developing the capacity to apply for future grants and other funding
5 streams, the organizational structure to facilitate growth and other infrastructure that will
6 help grantees provide service at the highest level.

7 Target Populations: The specific population groups that the program is attempting to
8 impact.

9 **ATTACHMENT 13: REFERENCES**

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