

Chinatown Child Development Center (CCDC), SF Dept. of Public Health, CBHS

- Children's Behavioral Health Clinic
- Serving ages Birth to 18 years
- Demographics



Services

- Individual, Group, Family Psychotherapy
- Psychological Testing for Clients
- Medication Support Services
- School-based Services
- Consultation to preschools, schools, & CBOs



Services (cont.)

- Intensive Case Management
- Services provided by multi-disciplinary staff of clinical social workers, marriage family therapists, clinical psychologists, and psychiatrists who speak English, Chinese (Cantonese and Mandarin dialects), Vietnamese, Cambodian, and Spanish



Incredible Years (IY)

- Evidence-based practice which focuses on helping parents attain skills known to promote children's social competence and reduce behavior problems.
- In 2008, five CCDC clinicians were trained.
- To date, clinicians have run 5 IY groups



Adaptation of IY for CCDC Population

- Translation of materials
- Some cultural adaptations required
- To change or not to change: Addressing the “Fidelity” issue



Program Evaluation of IY

■ Evaluation Measures

- Eyberg Child Behavior Inventory
- Parenting Practices Interview
- Alabama Parenting Questionnaire
- Parenting Scale
- Parent Weekly Evaluation
- Leader Checklist
- Peer and Self Evaluation Form



Program Evaluation (cont.)

- Pretests/Posttests with participants
- Monthly phone consultation with developer or designee
- Ongoing support from department staff



Outcomes of Program Evaluation

- Outcomes of pretests/posttests have been very impressive
- On the Eyberg, for children rated at baseline as being above the clinical cutoff, the average score dropped from being 2 standard deviations above average to less than 1 standard deviation above average (and under the clinical cutoff) on both the Problem and the Intensity scales



Outcomes of Program Evaluation (cont.)

- In addition, families involved in IY groups at CCDC have been very engaged in the program and have requested to continue meeting beyond the 12-week protocol
- 6-month Follow-up with participants after end of program would have been helpful to determine maintenance of learned skills