Patient Focused Integrated Care: Primary Care & Behavioral Health

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Asian Americans for Community Involvement

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Asian Americans for Community Involvement’s Mission

- Founded in 1973 by 12 community leaders.
  - Initial focus on advocacy, education and mental health.
- Largest nonprofit focused on Asians in Santa Clara County
  - Serve: >15,000 per year
  - Staff: >160
  - Speak >40 languages & dialects
  - Annual Budget: ≤$15 M

To improve the health, mental health and well-being of individuals, families and the Asian community by

1. Providing an array of high quality health & human services
2. Sharing expertise about the Asian community’s needs and best service delivery practices
3. Providing Asian leadership in advocating on key health and human services issues.
Programs and Services

1. Mental Health Services
2. Health Center
   - Integrated Primary Care Behavioral Health
3. Center for Survivors of Torture
4. Substance Abuse Treatment & Prevention
5. Problem Gambling Project
6. Drinking Driver Program
7. HIV-Outreach-Prevention - Education
8. Domestic Violence & Shelter
9. Senior Wellness Program
10. Youth Services
11. Civic Engagement & Media
12. Advocacy
Services are independent & exclusive

Primary Care
- Payment per incident
- Outcome measures is often process checks
- Training and treatment have set protocols and standard

Mental Health
- Payment per unit of service
- Outcome measures are often end state conditions
- EBP vs PBE

Alcohol & Substance Abuse
- Payment is per service type
- Outcome measure is often time period between relapses

Social Services
- Payment is for service type and often in block
- Outcome measure is concrete (housing, employment, reunification)

Other Community Services
- Whatever else is available
Co-existing healthcare conditions for our patients

- Cancer
- Neurological Disorders
- Mental Health/Substance Abuse
- Smoking, Obesity, Physical Inactivity
- Diabetes
- Heart Disease
- Chronic Physical Pain

Unützer, 2012
Medical Home-Integrated Care

- Hospital/Inpatient
- Primary Care Out/Inpatient
- Mental Health
- Substance Abuse
- Prevention Services

One Payment per Patient/year: $$$$$$$
Electronic Medical/Health Record

Medical

Behavioral Health

Tracking, Billing & Audits

Patient's own medical record access & communication
Medical model exchanges information through use of specialty consults; multidisciplinary approach in nature.

Behavioral health stresses confidentiality and focuses on individual differences.

Prevention services differ in medical settings vs. behavioral health settings.
IMPACT Model: Flat structure → Integration
Wellness = Integrated Healthcare

Medical
- Outpatient
- Inpatient

Behavioral Health
- Mental Health
- Substance Abuse

Prevention
- Education
- Exercise
- Alternatives
Questions???
Thoughts???
Comments???

Anything???

Thank you...
References

IMPACT Evidence-based depression care. http://impact-uw.org/about/implement.html

SAMHSA-HRSA Center for Integrated Health Solutions.

Unützer, J. (2012). Intro to Integrated Care for Depression and Anxiety; AIMS (Advancing Integrated Mental Health Solutions) presentation on Jan. 23, 2012 for Santa Clara Valley Health and Hospital System, Mental Health Department for the Integrated Primary Care Behavioral Health Project.